



APPLE TREE
CHILDREN'S CENTERS

www.appletreechildren.org



Apple Tree Children's Center-West February 2012

Classroom News

Family Fun Night!!!



FEBRUARY 18TH STAMPEDE vs. SIOUX CITY

Sign up deadline is February 6th
Details at the front desk
\$3 tickets



Extra excitement

during the game will include Wiener Dog races... yes, you read it right!

Go to www.sfstampede.com for more details about how to enter a dog

\$

Account Note: Parents please check your account weekly. Between the holidays and illnesses some accounts have credit and some are sorely behind. We understand how life can get this time of year! If you have any questions about your account please stop and talk to Lynn or Stacy at the front desk. Thank you!

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GO RED FOR WOMEN DAY!!!!
CHILDREN AND STAFF ARE INVITED TO WEAR RED ON FRIDAY, FEBRUARY 3RD IN HONOR OF GO RED FOR WOMEN!

DATES TO REMEMBER

- Feb 9th 4&5's Valentine Dance/Party
- Feb 14th Valentine's room parties 3:00
- Feb 18th Family Fun Night - Stampede Hockey
- May 10th 6:30p.m. Graduation

2011 YEARLY STATEMENTS

If you haven't picked up your end of the year statement, it is available at the front desk!



Love the LORD your God with all your heart and with all your soul and with all your strength.

[Deuteronomy 6:5](#)



Winter Showed Up!

Please remember to send mittens, hats, snow pants, snow boots EVERY DAY as the children do play outside daily if the temperature is above zero! Cancellations will be announced via the radio



Please be sure your child has an extra set of clothing in their cubby in case of accidents. If your child has come home with Apple Tree clothing please wash it and return it soon as possible. Thank you!

MISSION STATEMENT

The mission of Apple Tree Children's Centers is to provide exceptional care, nurture and age appropriate learning opportunities in the context of a Christ centered worldview. This mission is accomplished through the dedicated effort of management and staff whose concern is for the welfare of the children entrusted to their care.

Book Mobile

BOOK MOBILE will be here
10:30am to 11:30am

- January 20th
- February 10th
- March 1st (date change)
- March 23rd
- April 13th
- May 4th

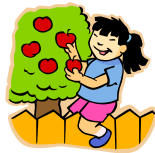


Important note: each classroom now has it's own "account" with the teachers listed as the "authorized user". The books will be checked out under that teacher and left at the center to be used until the next visit. If you wish for your child to check out books to bring home, please notify the teacher and provide your personal library card.

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DID YOU KNOW?

Apple Tree has updated their website, it is an all new look with some new content. Be sure and check it out at appletreechildren.org. Each center has it's own page highlighting what the month's happenings are as well as information on the center's directors and assistant directors. While at the new site check our page for the hidden apple, then like us on facebook letting us know that you found it and we will enter your family in a drawing for a week of tuition credit.



We participate in the Child and Adult Care Food Program. CACFP is available to all participants without regard to race, color, national origin, sex or disability.

Policy Corner ~ 24 Hour Rule

It is an Apple Tree policy, required by the state, to exclude children from care for 24 hours after that child has been sent home for fever, vomiting, or diarrhea. *To return, the child must be free from symptoms for 24 hours **WITH-OUT** medication.*



Parents are notified immediately if:

- #1. the child's temperature reaches 100 degrees or higher.
- #2. the child has vomited or has any undiagnosed rash
- #3. the child has a temp of 100 degrees and/or has one or more of the following:
 - *chicken pox, diarrhea (2 watery stools within 2 hours), measles, mumps, pink eye, strep infections, scarlet fever, lice, ringworm, pin worms, impetigo, thrush, shingles, croup, RSV, hand-foot-mouth.
- #4. the center may also send a child home if the behavior indicates illness.

Please see the "Health Guidelines" section of your parent handbook to review the illness policy in it's entirety. If you have any further questions about our illness policy feel free to stop by the front desk and speak with Ms. Lynn or Ms. Stacy.

REMINDER

For the safety of all the children, when bringing in medication for your child, PLEASE fill out a medication form before taking it to the classroom. Medications should not be left in your child's backpack but ALWAYS handed to your child's teacher or left in the office. Medication that does not have a form attached will not be administered.





Helping Aggressive Toddlers and Preschoolers Get Started Before It's Too Late! *Give Them an Advantage in School...and Life!*

By Dr. Charles Fay

What's the "bottom line" about chronically aggressive toddlers and preschoolers? Without powerfully effective intervention... before they enter kindergarten...the odds are very high that they will experience repeated failure in school and face a life filled with frustration and disappointments. The odds are also very high that they will inflict a great deal of emotional and physical pain upon others. These are strong words for a serious issue. Let's not beat around the bush and pretend that little tykes who chronically punch, kick, bite, or display any other aggressive behavior will simply grow out of it. Time is of critical importance here! Listed below are three important facts agreed upon by experts on this issue (for example, see Campbell & Ewing, 1990; Offord & Bennett, 1994; Walker, Colvin & Ramsey, 1995.):

- Potentially long-term aggressive behavior can very accurately be identified in children as young as age three or four.
- This antisocial behavior will very likely continue well into adulthood if intervention has not stopped it by the end of the third grade.
- Early intervention in homes, schools, and communities is the critical key to preventing aggressive toddlers and preschoolers from becoming violent teens and adults.

Despite these frightening facts, there's good news! Based on the wonderful research conducted over the past quarter century, we now have an excellent understanding of how to prevent early aggressive behavior from becoming a lifelong pattern. The remainder of this article is devoted to taking a closer look at the essential components of effective early intervention. What can we do on a daily basis to help young children adopt peaceful...rather than painful...behavior?

Begin intervention as early in the child's life as possible

Limit exposure to television and videos

Practice alternatives to spanking

Consistently apply empathy and logical consequences for aggressive behavior

Neutralize arguments and power struggles

Teach social skills and problem solving on a daily basis

Systematically attend to positive behavior

Consult with qualified medical and mental health professionals

Apply multiple effective interventions simultaneously

Listed below are just a few possible causes of aggressive behavior in young children:

- Poor parenting
- Trauma in the form of abuse or neglect
- Brain damage due to closed-head injury, lack of oxygen during the birth process, prenatal exposure to drugs, alcohol, or other toxins, etc.
- Genetic abnormalities
- Other health problems
- Marital problems resulting in family instability
- Observation of aggressive peers

The list goes on.

Wise parents don't hesitate to consult with qualified medical and mental health professionals in order to rule out as many potential causes for the aggression as possible and treat the ones that seem to be playing a role in the problem.

There's great hope for little tykes who've fallen into the habit of terrorizing their homes and classrooms. That is, as long as the caring adults around them take immediate and decisive action. Please don't fall into the trap of thinking that a chronically disruptive, aggressive toddler will grow out of it. The world can't afford another violent teenager!

For more details on Love and Logic parenting or to read this article in its entirety please stop at the front desk and speak with Ms. Stacy or go to www.loveandlogic.com and click on the "parent" tab.